



## **Physical Education Policy**

### ***Rationale***

All aspects of teaching and learning at Jeavons Wood are underpinned by the aims and values represented in our school values: 'Grow.' Here, we state that:

'We give our best, showing pride, determination and resilience.'

Also, that we will strive to embrace the practices and principles of the Early Years Foundation Stage through which we will:

'provide a creative and dynamic curriculum where children are supported and challenged,' and which 'supports individuality and autonomy in learning.'

We say that we believe that every child has immeasurable potential and that we have a moral duty to help them recognise this and become:

'successful learners who enjoy learning, make progress and have high expectations of themselves.'

### ***Purpose and Aims***

PE develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming/water safety, athletics and outdoor adventurous activities. Physical Education makes a unique contribution to children's education during all stages of schooling.

Our objectives in the teaching of PE are to:

- enable children to develop and explore a range of sports and physical skills with increasing control and coordination;
- encourage children to work and play with others in a range of group situations;
- develop the way in which children perform skills, and apply rules and conventions, for different activities;
- show children how to improve the quality and control of their performance;
- teach children to recognise and describe how their bodies feel during exercise;
- develop the children's enjoyment of physical activity and sport through creativity and imagination;
- develop an understanding in children of how to succeed in a range of sports and physical activities, and how to evaluate their own success;
- provide specialist support where individual children have particular gifts or talents.

### ***Curriculum Provision***

Learning in Physical Education will be achieved through children's involvement in a progressive and comprehensive physical education programme which covers the National Curriculum requirements, as well as key skills, learning objectives and assessment criteria.

Pupils will have experience of at least five components of the National Curriculum Programmes of Study, (athletics, dance, games, gymnastics, outdoor adventurous activities and swimming) so that they have every opportunity to meet and exceed the levels of attainment for their age. A curriculum in which there are no barriers to access or opportunity based on race, gender, culture or ability is provided.

Some children have the opportunity to take part in various sporting tournaments that are organised for schools through the South Cambs Sports Partnership. This is classified into three distinct categories; For All, Targeted and Competitive. This is to ensure that all children are included, regardless of their ability. Children also have the opportunity to experience other sporting opportunities within the CB23 schools. This includes a range of friendly fixtures with different schools in different sports.

An annual Sports Day is held during the summer term as an opportunity to celebrate the children's achievements in athletics and parents are invited to attend. This is an event which brings the whole school together to celebrate children competing against their peers in a fun and enjoyable way.

### ***Delivery of Physical Education***

All teachers are expected to teach their own class high quality PE. In some cases a HLTA may teach PE, also when the class teacher is unable to teach their class e.g. PPA or illness the teacher covering their class will be expected to teach high quality PE. Teaching assistants will be deployed by the class teacher, during the lesson, to ensure maximum benefit for children. In some year groups, Premier Sport (external agency) will deliver a weekly PE lesson. These teachers will still deliver our own planning (from GetSet4PE) and their teaching will be monitored by the PE Lead and externally in each term.

To ensure that all of the teachers are delivering high quality Physical Education, teachers will be monitored and supported by the PE Lead. The PE Lead will assess areas for development and ensure teachers receive the support and training required so that they can deliver high quality Physical Education. Teachers will be given CPD opportunities through courses as well as receiving support from PE specialists from the South Cambs Sports Partnership.

### ***Expectations***

Foundation will be working towards the Early Learning Goals, and the majority of children will achieve them by the end of the foundation stage. At Key Stage 1 and Key Stage 2 all children will be working on age related expectations for their year group.

### ***Assessment***

Children can be assessed on the GetSet4PE platform against the success criteria for each unit of the curriculum map. The class teacher can put a child at either; working towards, working within or working beyond.

### ***PE and inclusion***

We teach PE to all children, whatever their ability or individual needs. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PE teaching, we provide learning opportunities that enable all pupils to make good progress. We strive hard to meet the needs of those pupils with special educational needs, those with disabilities, those with special gifts and talents, and those learning English as an additional language, and we take all reasonable steps to achieve this.

PE can sometimes contribute to a child's targets as set out in their Learning Plans. Some children will have EHCPs and may well be supported 1:1 with an adult. Equally others, may display challenging behaviours which will mean they also need support from an adult.

### ***Teaching and Learning Guidelines***

Good practice in Physical Education involves:

- a shared philosophy concerning values, practice, policies and procedures.
- providing a balanced range of experiences and activities which are progressive and developmental. These will be related to National Curriculum Programmes of Study and our GetSet4PE scheme. As required, we teach dance, games and gymnastics at Key Stage 1. In Key Stage 2, we teach compulsory dance, games and gymnastics, plus two other activities: swimming and water safety, and athletics.
- an ongoing process of observation, analysis, review and recording achievement.
- an ongoing policy for staff development and adequate resourcing and review of facilities in order to deliver the Physical Education Curriculum.
- an enthusiastic commitment to the values of the subject.
- PE kit, appropriate to the activity, worn by children and staff.

Our planning through the GetSet4PE scheme allows the teachers to teach the areas of the curriculum map in a progressive and systematic way. This allows our children to receive the best possible practice in PE allowing them to flourish and reach their full potential. It provides an array of units, both traditional and non-traditional. A wide and varied curriculum allows our children to experience a range of physical education. Videos within the lessons enable our children to see what best practice is and expected from them.

### ***The Early Years Foundation Stage***

We encourage the physical development of our children in the reception class as an integral part of their work. As the reception class is part of the Early Years Foundation Stage, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence, control of the way they move, and care in the handling of tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

### ***Contribution of PE to teaching in other curriculum areas***

#### ***English***

- PE contributes to the teaching of English in our school by encouraging children to describe what they have done, and to discuss how they might improve theirs and others performances.

#### ***Mathematics***

- PE contributes to the teaching of mathematics, especially in athletics where they measure and record what they do accurately. This will also be included within activities in OAA.

#### ***Personal, social and health education (PSHE) and citizenship***

- PE contributes to the teaching of PSHE and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things. They also gain experience in working as part of a team or being a team leader. It can also play an important part in promoting a child's self-esteem.

#### ***Spiritual, moral, social and cultural development***

- The teaching of PE offers opportunities to support the social development of our children through the way in which we expect them to work with each other in lessons. Groupings allow children to work together, and give them the chance to discuss their ideas and performance. Their work in general enables them to develop a respect for other children's levels of ability, and encourages them to cooperate across a range of activities and experiences. Children learn to respect

and work with each other, and develop a better understanding of themselves and of each other.

### ***PE and ICT***

- Information and communication technology enhances the teaching of PE, where appropriate, in all key stages. In dance and gymnastics, children can make video recordings of their performance and upload them onto seesaw. They can use these to develop their movements and actions. Older children compare each other's performances from recordings, and use these to improve the quality of their own work.

### ***Learning Resources***

There is a wide range of resources to support the teaching of PE across the school. We store all indoor PE equipment in the cupboard in the hall and all outdoor equipment in the container outside. The hall contains a range of large apparatus, and we expect the children to help to set up and put away this equipment as part of their work. By doing so, the children learn to handle equipment safely. The children use the school field for games and athletics activities. We use the One Leisure swimming pool at St Neots for swimming lessons for all KS2 children. Some year 6 children then attend again in the summer 2 term for Top Up swimming.

### ***Safe Practice***

Safety should be paramount when carrying out physical education activities and risk assessment and safety issues, where appropriate, are also addressed our planning. A copy of the 2024 PE Safe Practice book is available in school.

Pupils should wear suitable clothing and understand the safety risks involved in wearing inappropriate clothing or footwear. The policy of the governing body is that no potentially dangerous jewellery is to be worn for any physical activity. Jewellery is prohibited and earrings have to be removed. They are not allowed to be taped; only in exceptional circumstances is the child allowed to keep earrings in, in which case the curriculum will need to be adapted so that no equipment or contact is made with that child. During cold weather tracksuits can be worn for outdoor games. If PE kit has been forgotten children may borrow spare kit kept in school for this purpose. If the kit is repeatedly forgotten, parents will be informed by letter. Staff should also wear appropriate PE kit.

In the event of extreme weather, PE is at the discretion of the teacher. Light rain and wind should not prevent PE taking place.

Annual checks are made on all large equipment. The PE Lead makes frequent visual checks for wear and tear, and all staff should be responsible for reporting to the PE Lead if any items show faults. Any items constituting a danger should be taken out of use immediately, which will have been reported on REJB's annual report.

Pupils should be taught how to move and use apparatus safely under the supervision of a teacher or responsible adult, made aware of safe practice when undertaking any activity, and how to improve their own abilities to assess risks.

### ***Extra-curricular activities***

The school provides a range of PE-related activities for children at the end of every school day. These encourage children to develop further their skills in a range of the activity areas and allow children to achieve their 60 minutes of physical activity each day. These clubs are run externally by Premier Sports. The school also provides further before school, lunchtime and after school clubs. These include; netball, football and running. Regular inter competitions organised by the South Cambs Sports Partnership allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and cooperation amongst our children.

### ***Monitoring & Review***

The coordination and planning of the PE curriculum are the responsibility of the subject leader, who also:

- Supports colleagues in their teaching, by keeping them informed about current developments in PE and provides a strategic lead and direction for this subject;
- The quality of teaching and learning in PE is monitored and evaluated by the PE Lead as part of the school's agreed cycle of monitoring and review.

This policy will be reviewed at least every three years or sooner if necessary.

Reviewed: November 2024

By: William Emery (PE Subject Lead)